



Pure Sports Nutrition Recovery Powder - Blackcurrant

\$39.90

Details

It's rare you come across sports recovery products don't have any added weird ingredients or outrageous claims. Pure Sport Nutrition Pure Recovery Powder is made from 100% New Zealand Blackcurrants, and that's it. Blackcurrants are naturally high in anthocyanins. What are anthocyanins you say? According to research they help with aerobic performance and will help your blood flow which will help your body clear waste products during and after exercising.


For everyday use, you can throw a teaspoon in with your daily smoothie or juice, or just with water if that's your thing and mix it in. For when you're exercising, use a teaspoon with your beverage of choice at least 1 hour before and 1 hour after exercise and mix it all up.

Contains 33 serves
Equivalent of over 30 blackcurrants in every serving
Supports cardiovascular and immune function, brain function and eye health
Supports muscle recovery and performance
212mg of anthocyanins per serve


Specifications

Snowys Code:	136131
Supplier Code:	200BR
In Use Dimensions:	22L x 16W x 7D cm
Packed Dimensions:	22L x 16W x 7D cm
Weight:	0.200 Kg

Have a question about this product?

 1300 914 007

 service@snowys.com.au

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Changed your mind?

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