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At this year's Australian Camp Oven Festival,

outdoor experts Ben and Lauren are joined by Mick Viller 'the Camp Oven Cook' and Ron 'Kingbrown' Wilson to discuss fridges.

...Kidding.

From material and make to size and shape, tune in for the origin of the camp oven, and the best practice for cleaning and care – plus, Mick and Ron's classic camp oven collection, campsite recipes, and the backstory of their craft.

Shortcuts:

00:00 – Intro
00:35 – Introducing Mick Viller and Ron from Kingbrown
01:43 – Kingbrown's Beginnings
04:12 – Ron's Food Journey
07:25 – Kingbrown Camp Oven Kitchen
09:47 – Mick the Cast Iron Cook
11:45 – The Fisherman's Championship
12:25 – Mick's Backstory
14:33 – Dutch Oven Vs Camp Oven
15:13 – Cast Iron, Cast Aluminium, and Spun Steel
19:31 – Spun Steel Camp Ovens
20:36 – Cast Iron and Cast Aluminium Camp Ovens
23:24 – Suggested Sizes
25:28 – Ron and Mick on Camp Oven Collecting
29:37 – Ron's Favourite Camp Oven
32:36 – The Origin of Camp Oven Legs
36:13 – Camp Oven Quality
40:24 – Cleaning Methods and Identifying Markings
42:36 – Mick Vs Ron: Camp Oven Care
48:02 – Mick and Ron's Favourite Camp Oven Recipes

Mentioned in this Episode:

Episodes:

[Ep3 – Comparing Cast Iron and Spun Steel Camp Ovens](#)

Blogs:

[Cast Iron Versus Steel Camp Ovens](#)



[Camp Oven Cooking Temperature Guide & Techniques](#)
[Guide to Seasoning Your Camp Oven](#)

Categories:

[Camp Ovens](#)

Products:

[Campfire Cast Iron Camp Oven – 9 Quart](#)

[Southern Metal Spinners Aussie Camp Oven](#)

Other:

Mick's website: [Mick the Camp Oven Cook](#)

Mick's YouTube: [@The Camp Oven Cook](#)

Ron's website: [Kingbrown Camp Oven Kitchen](#)

Ron's YouTube: [@Kingbrown Camp Oven Adventures](#)

Thanks for listening, tune in again for next week's episode!

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If you have any questions for Ben and Lauren, make sure you head over to our [Facebook group](#) and let us know as we'd love to hear from you.

Catch you out there!



From material and make to size and shape, Mick and Ron detail the origin of the camp oven – plus, the backstory of their camp oven cooking craft, and so much more. Credit: Campfire