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With the added baggage, recurring toilet breaks, and storage pockets stuffed with snack wrappers and stones from their favourite beach...

Camping with young children simply requires *more*. Even so, the only time your kids should be added weight on your back on an outdoor adventure is if they're too tired to walk the extra mile!

This week, family-man-Ben and power-mum-Lauren detail what to pack, where to pull-in, and the principles to pitch from a young age. Just like your little ones, this episode packs a big punch!

Bundle the camp clobber, buckle in your rugged cherubs, and watch or listen here!



Just like your little ones, this episode packs a big punch! Credit: Zempire

Shortcuts:

- 00:00 - Intro
- 01:36 - New Gear
- 05:01 - Camping with Kids
- 06:41 - Longer Vs Shorter Trips
- 07:56 - Start Them Young!
- 10:28 - Distance and Style of Travel
- 12:15 - Consider Local Locations
- 13:06 - Prepare for Longer Stopovers
- 14:14 - Caravan Park Camping
- 16:45 - Toilets
- 18:07 - Meals and Snacks: Logistics
- 20:53 - Road Trip Entertainment
- 21:52 - Bearing with Backseat Mess!
- 23:09 - Other Entertainment Ideas
- 26:03 - Kid-Friendly Camping Gear
- 33:19 - Lighting
- 34:00 - Camping with Limited Amenities
- 34:53 - Hygiene and Cleaning
- 36:50 - Clothing and Laundry
- 38:29 - Downtime
- 38:59 - Allow Exploring and Educate on Dangers and Risks
- 39:58 - Familiarise, Normalise, and Expose
- 40:40 - Lauren's Zip-Tie Tip
- 42:18 - Mitigating Concerns and Paranoia
- 43:08 - More Tips from the Snowys Team



44:34 - Story of the Week

Mentioned in this Episode:

Podcasts:

[Ep10 - Camping with Teenagers](#)

Blogs:

[5 Tips for Camping with Kids Under 5](#)

Products:

New Gear

[Charmate BBQs, Firepits, and Charcoal Starters](#)

Other:

[SupaPeg Frontier Fire Pit](#)

[Kids Sleeping Bags](#)

[Kids Camping Chairs](#)

[Thetford Porta Potti 365 Toilet](#)

[Organisers](#)

[Headlamps](#)

[Torches & Flashlights](#)

[Companion 12V Shower](#)

[Wilderness Wash 250mL](#)

[Collapsible Space Saving 30L Silicone Storage Tub](#)

[First Aid](#)

Thanks for listening, tune in again for next week's episode!

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If you have any questions for Ben and Lauren, make sure you head over to our [Facebook group](#) and let us know as we'd love to hear from you.

Catch you out there!