

'Beautiful, crisp salad... beautiful, fresh prawns.'

Cooking at the campsite should be kept pretty shrimp-le.

In this episode, we invite the sweet, sophisticated, and frankly kinda strange-looking prawn to partake in Cam's freshest campsite feed yet. Clean, colourful, and not too bougie for base camp is his Chargrilled Thai Prawn Salad.

Curb those crustacean cravings here – plus more on our <u>YouTube channel</u>, every Sunday from 6pm.

×

Cam's Chargrilled Thai Prawn Salad

Ingredients:

Salad

1/2 a continental cucumber

1/2 a carrot

1/2 a red onion

1/2 a wombok / Chinese cabbage

1/2 a bunch of coriander

1/2 a bunch of mint

1 x handful of mesclun salad mix

1 x Birds Eye chilli (to taste)

Prawns

4 x King prawns

1/2 a lemon

1 x tbsp of canola oil

Salt and pepper

Thai-style salad dressing

Cam's Kit:

Cobb Premier Portable Grill
Zippo Firefast Torch
Blues Hog Charcoal Briquettes
Popup Colander and 2-Bowl Set

Method:

1. Crank the Heat (00:32)

For this dish, Cam uses his Cobb portable grill. With a self-lighting cobblestone, there's no need for firelighters. We love a bit of self-sufficiency off the grid.

Place the lid on, and allow to heat.

2. Prepare the Salad (00:45)

Slice the cucumber, carrot, red onion, and wombok as thickly or as thinly as you prefer. We're here to suggest how to prepare a salad, not tell you how to live your life.



Roughly chop the coriander, mint, and as much Birds Eye chilli as you can handle. Are you someone who likes a full-blown mouthful of fire, or to actually taste what you're eating? Toss all ingredients into a bowl with a handful of leafy salad mix.

Now move aside Salad, you show-off. Onto the prawns.

×

Slice the cucumber

×

Slice the red onion

×

Slice the carrot

×

Slice the wombok

×

Roughly chop the coriander and mint

×

Chop however much of the Birds Eye chilli you desire

3. Prepare the Prawns (02:11)

Take the prawns as they come, tell them they're beautiful just the way they are, and slice each straight down the centre.

Put each aside into a container.

×

Slice the prawns down the centre

4. Marinate the Prawns (02:47)

We all know someone who's a complete prawn head. Hit them with some spicy banter already.

Lie prawns flat on a plate and scatter the chopped chilli on top. Crack on some salt, and drizzle with Thai-style dressing. Usually, Cam would create the dressing from scratch using palm sugar, chilli, lime, and lemon juice – however, bottled dressing from a supermarket is a more efficient option for the campsite.

Finish with the juice of half a fresh lemon and a splash of oil.

Let the prawns sit for about 5 minutes to think about what they've done. This will allow all that salt, spice, and sourness to marinate.

×

Lie the prawns flat and scatter the chopped chilli on top

×

Season with salt

×

Douse in Thai-style dressing

×

Squeeze the juice of half a lemon

5. Grill the Prawns (04:09)

By this point, the Cobb would have been heating for 20 minutes and very hot. Place the prawns onto the grill – shell-side down, to allow that 5-star char.

Place the lid on top. The thing about a prawn is they appear tough on the outside but are really just soft and fleshy on the inside – so they should only take 4-5 minutes to feel the heat from your grillin'.

×

Place the prawns onto the grill, shell-side down



×

Cook for 4-5 minutes with the lid on

6. Dress the Salad (04:47)

Top your salad mix with a splash of Thai-style salad dressing.

Give the salad a good mix. If anyone asks why you're being such a tosser in this moment, blame Cam.

Let the salad sit, and check on your prawns in the meantime.

×

Drizzle the salad mix with Thai-style dressing

×

Toss the dressing through the salad mix

7. Check the Prawns (05:52)

When the prawns turn relatively opaque, they're close to being ready.

Don't take the grilling too far (we're all just trying to get by in this world) – when overcooked, seafood tends to lose its flavour and become tough. We're not here to fight a prawn.

×

When the prawns look opaque, they're close to being ready

×

Be careful not to overcook the prawns!

8. Arrange the Salad (06:16)

Alright gang, it's time to PILE ON.

Tip your salad mix into a neat mound on a serving plate, and position the grilled prawns on top.

Lastly, crack on some black pepper.

×

Pile your salad mix on to a plate or serving board

9. The Finished Product (06:49)

For a quick, simple, healthy, and delicious outdoor dish – Cam's Chargrilled Thai Prawn Salad delivers a crisp bite, lemony pang, and spicy tang in just 10 minutes.

From light lunches and pallet cleansers to the more delicate dinners – cook using any grill, frypan, or appliance alike.

×

A crisp bite, lemony pang, and spicy tang in just 10 minutes!